



Group Interest Classes



– Adult Classes –

Digital Photography!

Learn to use your camera – this beginning to intermediate class is taught by a professional portrait photographer! Held Thursdays from 6:00-7:00 pm during Winter Session II and Spring Session.
Winter II: YMCA Members – \$33.00 / Community – \$42.00
Spring: YMCA Members – \$39.00 / Community – \$49.00

Beginning Adult Spanish

Learn Spanish for fun, travel or general knowledge! The focus will be on fundamental words and phrases; the Spanish will be of traditional origin. Held Wednesdays from 6:00-7:00 pm.

Intermediate Adult Spanish

Build on your skills! Held Wednesdays from 7:15-8:15 pm.

Adult Sign Language

The class is taught by a sign language interpreter. You'll learn simple phrases in sign language using ASL and signed English. Held on Mondays from 6:00-7:00 pm.

Intermediate Adult Sign Language

Build on your skills! Held Mondays from 7:15-8:15 pm.

Fees for Spanish and Sign Language Classes:

Winter I: YMCA Members – \$33.00 / Community – \$42.00

Winter II: YMCA Members – \$33.00 / Community – \$42.00

Spring: YMCA Members – \$39.00 / Community – \$49.00

Adult Intermediate Jazz Dance

Exercise and have fun while learning to dance! Held Saturdays from 10:30-11:30 am.

Winter I: YMCA Members – \$37.75 / Community – \$45.50

Winter II: YMCA Members – \$37.75 / Community – \$45.50

Spring: YMCA Members – \$44.00 / Community – \$53.00

Adult Beginning Ballet

A great way to improve your flexibility, balance and coordination! Held Fridays from 4:30-5:15 pm.

Winter I: YMCA Members – \$33.00 / Community – \$41.00

Winter II: YMCA Members – \$33.00 / Community – \$41.00

Spring: YMCA Members – \$38.00 / Community – \$47.00.



Benton Harbor-St. Joseph YMCA Family Center
3665 Hollywood Road
St. Joseph, MI 49085

269-428-YMCA
www.bhsjymca.org
info@bhsjymca.org

Spirit Mind Body!



Group Interest Classes



– Youth Classes –

Digital Photography! (ages 10-16)

Learn to use your camera – this beginning to intermediate class is taught by a professional portrait photographer! Held Thursdays from 6:00-6:45 pm during Winter Session I only.

Winter I: YMCA Members – \$25.00 / Community – \$33.00

Beginning Youth Spanish (ages 6-9)

A terrific introduction to a foreign language for 6-9 year olds! This class will focus on fundamental words and phrases and include visuals & hands-on activities. Held Wednesdays from 5:00-5:45 pm.

Youth Sign Language (ages 6-9)

Learn beginning American Sign Language with great interactive games and activities! Held Mondays from 5:00-5:45 pm.

Fees for Spanish and Sign Language Classes:

Winter I: YMCA Members – \$25.00 / Community – \$33.00

Winter II: YMCA Members – \$25.00 / Community – \$33.00

Spring: YMCA Members – \$29.00 / Community – \$39.00

Babysitter's Clinic (ages 11-15)

This class will train youth to be responsible babysitters. Includes emergency care & first aid, child development stages, games to play with children, parent relations and more! Participants will spend 90 additional minutes in the YMCA Nursery for course completion. A First Aid Kit and Y Sport Sack is included in the class fee.

Jan. 21–Feb. 18: Held Saturdays from 9:00-11:00 am.

Feb. 23–Mar. 22: Held Thursdays from 5:30-7:30 pm.

YMCA Members – \$40.00 / Community – \$50.00

Special Super-Sitters Clinic includes the above with water safety instruction. Held Spring Break, April 3-5 from 10 am-2 pm.

YMCA Members – \$48.00 / Community – \$60.00 (Bring sack lunch!)

Lifeguard Training (ages 15+)

A springboard to a great part-time career! Learn the knowledge and skills it takes to be a lifeguard, and earn a certificate upon successful completion. This eight-week course includes First Aid and CPR training. Book and certification fee included in price.

Jan. 22–March 25: Held Sundays from 4:00-8:00 pm.

YMCA Members – \$180.00 / Community – \$230.00



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