



Winter 2 / Spring Pool Schedule



March 1 to May 22, 2010

(Spring break -April 4 to 10- will have a different schedule)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00	SUNDAY IS FOR YMCA MEMBERS ONLY.	Lap Swim 5:15-8:55 <small>*water walk starts at 7:30</small>	Lap Swim 5:15-8:55 <small>*water walk starts at 7:30</small>	Lap Swim 5:15-8:55 <small>*water walk starts at 7:30</small>	Lap Swim 5:15-8:55 <small>*water walk starts at 7:30</small>	Lap Swim 5:15-8:55 <small>*water walk starts at 7:30</small>	
6:00							Lap Swim 6:15-8:55 <small>*water walk starts at 8:00</small>
7:00							
8:00							
9:00	 During Family Swim children under 18 must be accompanied by an adult IN THE WATER.	Aqua Fit 9:00-9:55	Hydrocize 9:00-9:55 Preschool 9:15-9:45	Aqua Fit 9:00-9:55	Hydrocize 9:00-9:55	Aqua Fit 9:00-9:55	Lessons 9:00-11:20
10:00		Lessons/Bend & Flex 10:00-11:15	Bodies in Motion 10:00-10:45	Floating Special 10:00-10:45	Bodies in Motion 10:00-10:45	Lessons/Bend & Flex 10:00-11:15	
11:00			Preschool 10:45-11:15	Preschool 10:45-11:15	Lessons 10:45-11:15		
12:00	Lap Swim 11:20-12:55	Lap Swim 11:20-12:55	Lap Swim 11:20-12:55	Lap Swim 11:20-12:55	Lap Swim 11:20-12:55	Lap Swim 11:20-12:55	Lap Swim 11:20-12:55
1:00	Lap Swim 12:45-2:00	School Groups 1:00-2:30	Home School 1:00-3:00	School Groups 1:00-2:30	School Groups 1:00-2:30	School Groups 1:00-2:30	Open Swim 1:00-4:00 <small>*Birthday Parties</small>
2:00	Family Float 2:00-5:00 						
3:00		Open/Lap 3:15-5:30	Lessons 4:00-5:30	Open/Lap 3:15-5:30	Lessons 4:00-5:30	Open/Lap 3:15-5:30	
4:00							Lap 5:30-6:30
5:00	Open Swim 5:00-7:45	Lessons 6:30-8:00	Diving/"Fun"damentals 6:30-7:30	Lessons 6:30-8:00	"Fun"damentals 6:30-7:30	Family Float 6:30-8:00 	
6:00							Aqua Fit 7:45-8:40
7:00	open 9:00-9:45	Lifeguarding class 8:45-9:45	Open/Lap 9:00-9:45	Open/Lap 8:45-9:45			
8:00							
9:00							
10:00							



Benton Harbor-St. Joseph YMCA Family Center

3665 Hollywood Road • St. Joseph, Michigan 49085269.428.9622 (YMCA) • www.bhsjymca.org

Facility Hours

Sept. 27 – May 23

Monday–Friday 5:00 am–10:00 pm

Saturday 6:00 am–6:00 pm

Sunday 12:30–8:00 pm

The Y will be closed Easter Sunday, April 4,
and Memorial Day, May 31.

Guest Passes

The YMCA is a membership-driven organization. You're always welcome at our YMCA and we'd love to have you become part of our YMCA family! In the meantime, guests are welcome to use our YMCA at non-peak times.

- Daily guest passes are \$7 for youths age 17 and under, \$10 for adults, and \$14 for families, which includes parents and dependent children. Guests must have photo identification.
- **Year-round, the YMCA is reserved for members only** on Fridays after 3 pm and all day on Sundays. Guest passes are not available during these times.
- From Memorial Day to Labor Day, guests are welcome anytime with the exception of the members only days and times.

- **From Labor Day to Memorial Day, guests are welcome during the following non-peak times:**

Monday – Thursday 5 am - 3 pm [passes will not be sold after 2:15 pm]

7 pm - close

Friday 5 am - 3 pm [passes will not be sold after 2:15 pm]

Saturday 6 am - 9 am [passes will not be sold after 8:15 am]

2 pm - close

- Please note that guest passes will not be sold to youths from 8 am - 2:30 pm on school days.