




FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAIN GYM SCHEDULE

January 8 - February 18, 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00							
6:00		Building Hours Monday - Friday: 5:00-10:00					Building Hours: 6:00-6:00
7:00							
8:00							
9:00		Preschool 8:45-1:30	Preschool 8:45-12:00	Preschool 8:45-1:30	Preschool 8:45-12:00	Preschool 8:45-1:30	Open 6:00-9:30
10:00	Building Hours 12:30-8:00						Water Runners 9:15-10:45
11:00					Mini Sports 10:45-11:30		
12:00							
1:00	OPEN 12:30-5:15		Water Runners 12:45-2:30		School Group 12:45-3:00 Half Gym		Open 1:30-Close
2:00							
3:00							
4:00			We Can 4:30-5:00 1/2 Gym	Choose to Loose 1/4 gym 4:30-5:30	Choose to Loose 1/4 gym 4:30-5:30		
5:00	League Volleyball Practice / Tournaments 5:30-8:00			Hula Hooping 1/4 Gym 5:30-6:15	Open 5:30-6:30	Y League Practice 5:30-6:30	Building rentals start at 6:30 Interested in renting the YMCA? Please see Karen or Jen for more information or call 428.9622
6:00							
7:00		Adult Karate 1/2 Gym 7:15-8:45	Adult Volleyball Leagues 6:00-10:00	Y League Practice 6:30-7:30	Y League Practice 6:30-7:30		
8:00							
9:00		OPEN 8:45-Close		OPEN 7:30-Close	Open Volleyball 7:30-Close		
10:00							

Benton Harbor-St. Joseph YMCA Family Center * 3665 Hollywood Rd. St. Joseph MI 49085

269.428.9622 www.bhsjymca.org