

YMCA Kids Gym Schedule

February 21-April 3, 2010



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
8:00	 Sundays are for Members Only.	Nursery 8:00-11:30	Nursery 8:00-11:30	Nursery 8:00-11:30	Nursery 8:00-11:30	Nursery 8:00-11:30	-Gymnastics- 8:30-12:00	8:00						
9:00			-Gymnastics- Romp and Roll 9:30-10:15		-Gymnastics- Teeny Tiny Tumblers 9:30-10:00 Tumblin' Tots 10:05-10:35	Baby Groove 9:15-9:45 Kids Groove 10:00-10:45 Kids Groove 11:00-11:45		9:00						
10:00			ZUMBA		Open 12:00-12:30	10:00								
11:00	Open Gym	Healthy 'U'	Swim and Gym Program	Healthy 'U'	Healthy 'U'	Healthy 'U'	Birthday Party Rentals 12:30-3:45	11:00						
12:00								Birthday Party Rentals 2:00-4:00	Open Gym 2:45-4:00	Open Gym 2:30-3:30	Open Gym 2:30-3:30	Open Gym	12:00	
1:00	Family Gym Time 4:00-5:00	Pre Ballet II 4:15-5:00 Int. Ballet I 5:00-5:45 Int. Ballet II 5:45-6:30 Adv. Jazz 6:30-7:15 Lyrical Ballet 7:15-8:00	-Gymnastics- Rollers/Benders/ Flippers 4:15-5:15 Romp and Roll 5:05-5:50	Pre Ballet I 4:00-4:45 Beg. Jazz 4:45-5:30 Int. Jazz 5:30-6:15	Super Tumblers 4:30-5:15 Rollers /Benders/ Flippers 5:20-6:20	Beginning Ballet 4:30-5:30	Open 3:45-6:00 	1:00						
2:00								Open Gym 5:00-8:00	ZUMBA	ZUMBA 6:30-7:30	Family Gym Time 6:30-8:00	Family Time 6:00-8:00 See "Family Program" flyer for detailed events	Building Rentals start at 6:30PM	2:00
3:00									Youth Group Rentals Interested in renting the YMCA?	Volleyball 7:00-9:30				Whirlpool 7:45-9:15
4:00	Please see Kristi for more information.	Open Gym 8:15-10:00	Open 9:15-10:00	Open 9:15-10:00	Open Gym 8:00-10:00	Open Gym 8:00-10:00		4:00						
5:00								Open Gym 8:00-10:00	Open Gym 8:00-10:00	Open Gym 8:00-10:00	Open Gym 8:00-10:00	Open Gym 8:00-10:00	5:00	
6:00								Open Gym 8:00-10:00	Open Gym 8:00-10:00	Open Gym 8:00-10:00	Open Gym 8:00-10:00	Open Gym 8:00-10:00	6:00	
7:00								7:00						
8:00								8:00						
9:00								9:00						
10:00								10:00						

Coming Soon! Kids Night at the Y Saturday, March 20 6:30-11:00 pm, ages 4-12. Sign up now.

TGIF Friday, March 5 6:00-9:00 pm Ages 4-12

Friday Family Fun Events Game night is the 3rd Friday of the month, No Charge Members Only.

Movie Night is the 4th Friday of the month. \$2 per person includes pizza and popcorn! Sign up now at the Member Service Desk, registration for movie night is required. Members Only.



Benton Harbor-St. Joseph YMCA Family Center
3665 Hollywood Road
St. Joseph, Michigan 49085
269.428.9622 (YMCA)
www.bhsjymca.org

Facility Hours

Sept. 27 – May 23

Monday–Friday 5:00 am–10:00 pm

Saturday 6:00 am–6:00 pm

Sunday 12:30–8:00 pm

The Y will be closed Easter Sunday, April 4,
and Memorial Day, May 31.

Guest Passes

The YMCA is a membership-driven organization. You're always welcome at our YMCA and we'd love to have you become part of our YMCA family! In the meantime, guests are welcome to use our YMCA at non-peak times.

- Daily guest passes are \$7 for youths age 17 and under, \$10 for adults, and \$14 for families, which includes parents and dependent children. Guests must have photo identification.
- **Year-round, the YMCA is reserved for members only** on Fridays after 3 pm and all day on Sundays. Guest passes are not available during these times.
- From Memorial Day to Labor Day, guests are welcome anytime with the exception of the members only days and times.

- **From Labor Day to Memorial Day, guests are welcome during the following non-peak times:**

Monday – Thursday 5 am - 3 pm [passes will not be sold after 2:15 pm]

7 pm - close

Friday 5 am - 3 pm [passes will not be sold after 2:15 pm]

Saturday 6 am - 9 am [passes will not be sold after 8:15 am]

2 pm - close

- Please note that guest passes will not be sold to youths from 8 am - 2:30 pm on school days.