



Continuing Education



– Adult Classes –

Beginning Adult Spanish

Learn Spanish for fun, travel or general knowledge! The focus will be on fundamental words and phrases; the Spanish will be of traditional origin. Held Wednesdays from 6:00-7:00 pm.

Adult Sign Language

The class is taught by a sign language interpreter. You'll learn simple phrases in sign language using ASL and signed English. Held Mondays from 6:00-7:00 pm.

Adult Sign Language Level 2

Level 2 will be available beginning Winter Session II on Mondays from 7:00-8:00 pm.

SPANISH AND SIGN LANGUAGE FEES –

Winter Session I (6 weeks):

YMCA Members – \$32.00 / Community – \$40.00

Winter Session II & Spring Session (7 weeks):

YMCA Members – \$37.00 / Community – \$47.00

CPR

Learn American Red Cross CPR techniques for infants, children and adults. It's easy – and you may just save a life! Next Session: Monday, December 14 from 5:45-9:45 pm. YMCA Members – \$30.00 / Community – \$25.00

CONTINUING EDUCATION CLASSES FOR YOUTH ARE
ON THE FOLLOWING PAGE



Benton Harbor-St. Joseph YMCA Family Center
3665 Hollywood Road
St. Joseph, MI 49085

269-428-YMCA
www.bhsjymca.org
info@bhsjymca.org

Spirit Mind Body!



Continuing Education



– Youth Classes –

Beginning Spanish (ages 6-9)

A terrific introduction to a foreign language for 6-9 year olds!

Held Wednesdays from 4:30-5:15 pm.

Winter Session I (6 weeks):

YMCA Members – \$23.00 / Community – \$32.00

Winter Session II (7 weeks):

YMCA Members – \$27.00 / Community – \$37.00

Beginning Sign Language for Youth (ages 6-9)

Learn beginning sign language with great interactive games and activities! Held Mondays from 4:30-5:15 pm.

Winter Session I: YMCA Members – \$26.00 / Community – \$34.00

Sign Language for Toddlers (parent & child, ages 3-5)

Learn through songs, stories, art and interactive games!

Held Mondays from 10:50-11:20 am.

Winter Session I: YMCA Members – \$21.00 / Community – \$29.00

Sign Language for Babies (parent & child, ages 12-36 mo.)

Increase communication, understanding, & self-confidence!

Held Mondays from 10:00-10:40 am.

Winter Session I: YMCA Members – \$21.00 / Community – \$29.00

Babysitter's Clinic (ages 11+):

This 5 week clinic will train your child to be a responsible babysitter.

Class covers emergency care and first aid, parent relations, & more!

Feb. 27–March 27: Held Saturdays from 9:30-11:30 am.

April 20–May 18: Held Tuesdays from 5:30-7:30 pm.

YMCA Members – \$35.00 / Community – \$42.00

Lifeguard Training (ages 15+)

A springboard to a great part-time career! Learn the knowledge and skills it takes to be a lifeguard, and earn a certificate upon successful completion. This eight-week course includes First Aid and CPR training. Book and certification fee included in price.

February 2–March 30: Held Tuesdays from 6:30-10:00 pm.

YMCA Members – \$150.00 / Community – \$200.00



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